

Thursday, May 16, 2024   DMH Spring Training Institute   Schedule									
	Cultural Competence (DEI)	Substance Use Prevention & Treatment	Clinical	Self-Care	Suicide Prevention	IDD/Dual Diagnosis	Supporting Staff	Children, Youth and Family	Ask DMH
7:00 AM – 8:00 AM	<b>Conference Registration (Desk open until 5:00 PM), Breakfast, Visit Exhibits – Windgate Hall</b>								
8:00 AM – 9:15 AM <b>Keynote</b> *75 Minutes 1.25 Clock Hours	Living Your Best Life: Elevate Your Professional and Personal Well-being! <b>Susie Arbo, MS, LPC, CRADC</b> Paradise Ballroom ABC								
9:15 AM - 10:00 AM	<b>45 min Break, Visit Exhibits - Windgate Hall</b>								
10:00 AM – 11:30 AM <b>Breakout</b> *90 Minutes 1.5 Clock Hours	The Rainbow Road to Recovery <b>Donna Nesbitt, BA, CADC</b> *Cultural Competency Hours Paradise Ballroom A		Treatment and Diagnosis of Individuals with Schizophrenia <b>Lauren Smalling, MSW, LCSW</b> Paradise Ballroom C	Real self-care for mental health practitioners: Strategies to prevent and treat compassion fatigue and burnout. <b>Sarah Thomas, EdD, MSW, LCSW</b> Parasol II	Prevent Suicide in Jails and Prisons: Save Lives and Avoid Lawsuits <b>AE Daniel, MD, MRC Psych</b> *Suicide Prevention Hours Paradise Ballroom B	Dysregulation in individuals with IDD: Working Towards Better Supports <b>Robert Cox, MA, LPC</b> Nautical Wheeler	ASAM implementation and EHR enhancement <b>Clif Johnson, AA, CRAADC &amp; Dan Adams, MBA</b> Windgate 62-63	Assessment of Nonoffending Partners in Child Sexual Abuse Cases for parenting and protective capacities <b>Marie Clark, MA, LMFT, LSOE, LSOTP</b> Windgate 60-61	Ask DMH: Bring Your Questions or Just Stop by and Say Hello! <b>DMH Representatives</b> *no CE credit Parasol I
11:30 AM – 12:45 PM	<b>Lunch Break – Windgate Hall</b>								
12:45 PM – 1:45 PM <b>Super Session</b> *60 Minutes 1 Clock Hour	The Ethics of Competence *Ethics Hours/MO Bar Ethics <b>Justin Bennett, BSW, MSW, LCSW</b> Paradise Ballroom B			Culturally - Attuned Behavioral Activation to support Psychological Resilience *Cultural Competence Hours <b>Ann Steffen, PhD, ABPP</b> Paradise Ballroom A			Risk and Resiliency in Adverse Childhood Experiences: Implications for Prevention and Intervention <b>Tim Welch, PhD, LMFT</b> Paradise Ballroom C		
1:45 PM - 2:00 PM	<b>15 min Break, Visit Exhibits - Windgate Hall</b>								
2:00 PM – 3:30 PM <b>Breakout</b> *90 Minutes 1.5 Clock Hours	Culturally Competent Clinical/Counseling/Talk Therapy <b>Dr. Naaman Lauderdale, ThD, P.PSSY, MA, MAC, MDAACS, MRAS, NCC, LCMHC, LPCS</b> *Cultural Competency Hours Paradise Ballroom A	The Changing Face of Corrections Based Substance Use Services <b>Duane Cummins, PhD, Karin Kitson, BS &amp; Scott O'Kelley, MA, EdS</b> Leeward 74-75	Experiential Assessment and Therapy for Difficult Clients and Confusing Situations <b>John Carpenter, MSW, LCSW</b> Paradise Ballroom C	Self-Awareness <b>Le'Anne Schlotzhauer, BS</b> Parasol II	Firearm Suicide Prevention: A nascent approach to preventing suicide in rural southeast Missouri. <b>Katie Ellison, MS, MA, NCC &amp; Racheal Ward, MA</b> *Suicide Prevention Hours Paradise Ballroom B	Emergency Planning for Individuals with I/DDs <b>Deb Hendricks, BA</b> Nautical Wheeler	Simple Dreams: What's missing? <b>Keith Ray Mackie, BES, MA</b> Windgate 62-63	The Efficacy of the CRAFT Model of Therapy in a Group Setting <b>Christy Hutton, PhD &amp; Lauren Eisleben, BS, MEd, LPC</b> Windgate 60-61	Ask DMH: Bring Your Questions or Just Stop by and Say Hello! <b>DMH Representatives</b> *no CE credit Parasol I
3:30 PM - 3:35 PM	<b>5 min Break</b>								
3:35 PM – 5:05 PM <b>Breakout</b> *90 min 1.5 clock hours	LGBTQIA+: History, Diversity, Inclusion <b>Justin Bennett, BSW, MSW, LCSW</b> *Cultural Competency Hours/MO Bar Ethics and MO Bar Elimination of Bias Hours Paradise Ballroom A	Harm Reduction: The Next Wave in Substance Use Disorder Treatment <b>Lauren Eisleben, BS, MEd, LPC &amp; Jeremy Duke, MA, LPC</b> Leeward 75-75	Biblia Therapy used in adjunct with other therapies to enhance treatment <b>Judy Wieberg Massman, MEd, LPC, LCSW</b> Paradise Ballroom C	Somatic Therapies and Trauma: Healing for the Whole Self <b>Heather Gargis, MA, LPC, SEP, NATP</b> Parasol II	Youth Suicide: A Look at Before and After <b>Shari Grady, PhD, LCPC, LPC, NCC, CISM</b> *Suicide Prevention Hours Paradise Ballroom B	Assessment and Diagnosis of Dementia for Individuals with Developmental Disabilities <b>Kayette Glass, PsyD</b> Nautical Wheeler	Compassion Fatigue <b>Issac Sandidge, MA</b> Windgate 62-63	Adolescent Social Media: Myths Managing Risks and Maximizing Benefits <b>Tim Welch, PhD, Joyce Chang, PhD &amp; Desiree Dixon, BS</b> Windgate 60-61	

**Friday, May 17, 2024 | DMH Spring Training Institute | Schedule**

	Physician's Lecture Series *CME	Substance Use Prevention & Treatment	Clinical	Miscellaneous	Ethics	IDD/Dual Diagnosis	Supporting Staff	Children, Youth and Family	Early Childhood	Employment
7:00 AM – 8:00 AM	<b>Conference Registration (Desk open until 2:30 PM), Breakfast, Visit Exhibits – Windgate Hall</b>									
8:00 AM – 9:15 AM <b>Keynote</b> *75 Minutes 1.25 Clock Hours	Keynote – Unbreaking Broken Trust – A Holistic Approach to Trauma Healing and Prevention <b>LJ Punch, MD</b> Paradise Ballroom ABC									
9:15 AM - 9:45 AM	<b>DMH Awards - Paradise Ballroom ABC</b>									
9:45 AM - 10:00 AM	<b>15 min Break, Visit Exhibits - Windgate Hall</b>									
10:00 AM - 11:30 AM <b>Breakout</b> *90 Minutes 1.5 Clock Hours	Evaluating the Effects of Environmental and Therapeutic Interventions on Inpatient Aggression Contagion <b>Alexandria Choate, MA &amp; Niels Beck, PhD</b> *CME Parasol I	Are U OK? - An anti-stigma campaign and healing sensory experience <b>LJ Punch, MD, TJ Barber, ATR, LPC, &amp; Sandra Mayen, BS</b> Paradise Ballroom A	CBT to Support Healthy Grief in the Face of Loss <b>Ann Steffen, PhD, ABPP</b> Paradise Ballroom C	Writing Your Way to Recovery <b>Caroline Cooper, CPS, MS</b> Parasol II	Behavioral Health Ethics for Private Practice <b>Terri Cooley-Bennett, LCSW, LSCSW, CCDP-D, TTS</b> *Ethics Hours Paradise Ballroom B	Supporting Complex Needs using Tiered Supports <b>Kathleen Deppeler, BA</b> Nautical Wheeler	Show-Me ECHO: A Model for Patient-Centered Education and Training <b>Rachel Mutrux, BA</b> Windgate 62-63		Meeting the Need: Early Child Mental Health <b>Laine Young-Walker, MD</b> Leeward 74-75	How Does Providing Evidence-based Supported Employment IPS Impact Social Determinants of Health? <b>Sandra Reese, BS</b> Leeward 76-77
11:30 AM - 12:45 PM	<b>Lunch Break – Windgate Hall</b>									
12:45 PM - 2:15 PM <b>Breakout</b> *90 Minutes 1.5 Clock Hours	Psilocybin Use in Psychiatric Disorder <b>Mahmoud Ali, MD</b> *CME Parasol I	Recovery Through Connection: Shifting Paradigms in the Treatment of Substance Use Disorder <b>Nigel Darvell, MSW, LCSW, ACSW</b> Paradise Ballroom A	Utilizing the Transformative Model of Internal Family Systems in the Treatment of Risky Behaviors: Substance Use Disorder, Self-Injury, and Eating Disorders <b>Megan Colvin, MA &amp; Andrea Wiele PLPC</b> Paradise Ballroom C	Connecting with Someone Experiencing Mental Illness <b>Jennifer Gerlach, MSW</b> Parasol II	Behavioral Health Ethics for Agency Settings <b>Terri Cooley-Bennett, LCSW, LSCSW, CCDP-D, TTS</b> *Ethics Hours Paradise Ballroom B	Care at the Crossroads: Strategies for Clients with Concurrent First Episode Psychosis and Intellectual/Developmental Disabilities <b>Jodi Woodruff, PhD</b> Nautical Wheeler	Preparing for a System Wide Change <b>Heather Osborne, MA &amp; Tara Yates, MA</b> Windgate 62-63	Effective Interventions in Working with Fathers who have Experienced Adverse Childhood Experiences and Trauma <b>Eddie McCaskill, MSW, EdD, LCSW, LPC &amp; Michelle Echols</b> Windgate 60-61	Cradling Minds, Shaping Futures: A Journey into the Heart of Infant and Early Childhood Mental Health <b>Bre-Ann Slay, PsyD LP IMH-E</b> Leeward 74-75	Supported Employment IPS Strategies for Assisting Individuals with Substance Use Disorders Obtain Employment. <b>Sandra Reese, BS</b> Leeward 76-77
2:15 PM - 2:30 PM	<b>15 min Break, Visit Exhibits - Windgate Hall</b>									
2:30 PM - 4:00 PM <b>Breakout</b> *90 Minutes 1.5 Clock Hours	Psychiatry for All: Considerations in psychiatric care for the gender diverse <b>Ethan Johnston, MD</b> *CME Parasol I	Charting the Landscape of Missouri's Recovery Community Centers <b>Bridget Coffey, MA, MSW &amp; Lindsey Pawlowski, MSW</b> Panel: <b>Rosie Anderson-Harper, Marsha Hourd, David Stoeker, Melanie Cobb, Michelle Charbonnier</b> Paradise Ballroom A	Recognizing and responding to signs of early psychosis <b>Rebecca Preston, PhD</b> Paradise Ballroom C	A Conversation of Best Practices for Service Delivery in the Unhoused Community <b>Jessica Craig, MS, LPC &amp; Zipporah Lee, MDiv</b> Parasol II	Working with Groups: Processes and Ethics <b>Nigel Darvell, MSW, LCSW, ACSW</b> *Ethics Hours/MO Bar Ethics Hours Paradise Ballroom B		Teaching New Staff New Tricks <b>Nathan Honeycutt, MS, LPC</b> Windgate 62-63	Families of Treatment Refusers: The Neglected Victims of Untreated Mental Health Problems <b>Melanie VanDyke, PhD</b> Windgate 60-61	Healing Hearts, Reuniting Families: Exploring Parental Trauma and Attachment in Foster Care <b>Bre-Ann Slay, PsyD LP IMH-E</b> Leeward 74-75	Missouri Job Center Services <b>Chad Luetjen</b> Leeward 76-77
4:00 PM - 4:05 PM	<b>Break</b>									
4:05 PM - 5:05 PM <b>Keynote</b> *60 Minutes 1 Clock Hour	Tracking our Destiny with Stories <b>David Strabala, MSW, LCSW</b> Paradise Ballroom A									