

Develop a Deeper Understanding of Yourself while Internalizing the Emotional Milestones of Young Children



Presenter



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Learning Objectives

Objective 1: Participants will uncover the importance of understanding themselves, so they can better understand children and improve their day-to-day practice.

Objective 2: Participants will identify emotional milestones that will enhance their relationships with children and families.

Objective 3: Participants will become advocates for promoting the mental health of children.

What is Your WHY?



Why do you connect with certain children?



How do children inform your understanding of yourself?



What past experiences shaped your decision to work in the field of behavioral health?

**Childhood is changing,
but a child's developmental needs are not.**



Children's hearts and minds form in the development of relationships.

The practice of self-awareness and self-reflection empowers us in the nurturing and healing of children. In order to change society, we must change the way children are taught.



What happens early in life lasts a lifetime.

Through mixed media (videos and photos), reflection, and break-out discussions, participants will learn about themselves, **trauma in early childhood**, children's **emotional milestones**, and how they can use this knowledge to strengthen relationships with children and families while advocating for **children's mental health**.

[Access the Prezi by clicking here.](#)

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Friday, June 2 from 1 to 2 p.m.