## **ORGANIZATIONAL SELF-CARE PLAN**

In the spaces below, list two things you are doing well for each category. List three things that you want to add to your self-care plan.

COMMUNICATION	COMPASSION FATIGUE AWARENESS	MORALE BOOSTERS	EMPLOYEE BENEFITS
Doing well:	Doing well:	Doing well:	Doing well:
1)	1)	1)	1)
2)	2)	2)	2)
Areas for Improvement:	Areas for Improvement:	Areas for Improvement:	Areas for Improvement:
1)	1)	1)	1)
2)	2)	2)	2)
3)	3)		3)
PROCESS/PROCEDURES	HIRING/RETENTION	CRITICAL SITUATIONS	ADDRESSING COMPLAINTS
Doing well:	Doing well:	Doing well:	Doing well:
1)	[1)	1)	1)
2)	2)	2)	2)
Areas for Improvement:	Areas for Improvement:	Areas for Improvement:	Areas for Improvement:
1)	1)	1)	1)
2)	2)	2)	2)
3)	3)		3)
	Developed by: Rachel Jones, LPC	Revised: November, 2016	