



Mental Health Advocacy in the Community

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06-01-2017



***2017 MISSOURI DEPT OF
MENTAL HEALTH - SPRING
TRAINING INSTITUTE***

TRAGEDY

TRAGEDY

trag·e·dy

'trajidē/

noun

noun: **tragedy**; plural noun: **tragedies**

1.1.

an event causing great suffering, destruction, and distress, such as a serious accident, crime, or natural catastrophe.

"a tragedy that killed 95 people"

synonyms:

[disaster](#), [calamity](#), [catastrophe](#), [cataclysm](#),
[misfortune](#), [mishap](#), [blow](#), [trial](#), [tribulation](#),
[affliction](#), [adversity](#)

6-24-2009

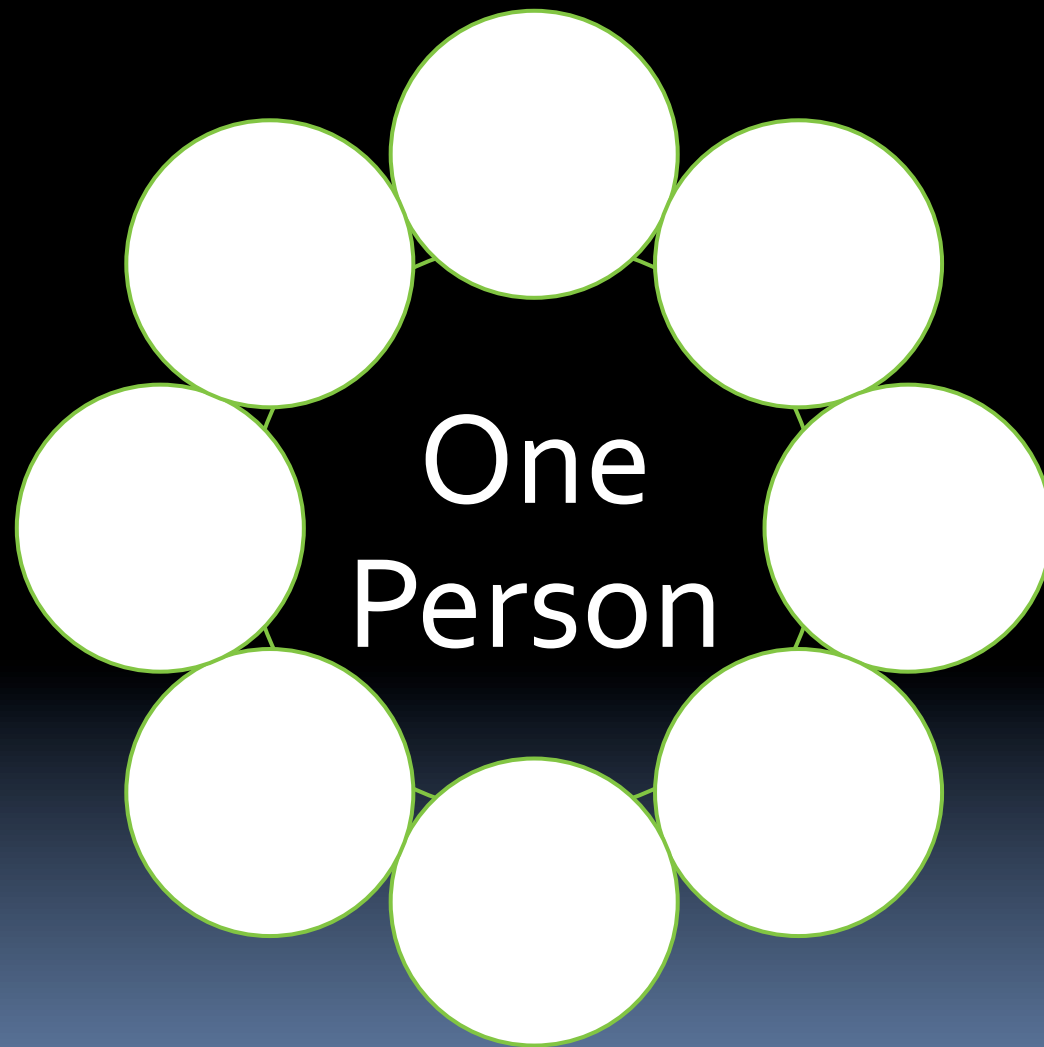
Ed Thomas shot, killed inside school

PARKERSBURG, Iowa -- Ed Thomas, who produced four NFL linemen as the football coach at tiny Aplington-Parkersburg High, was shot and killed Wednesday inside the school's weight room, authorities said.

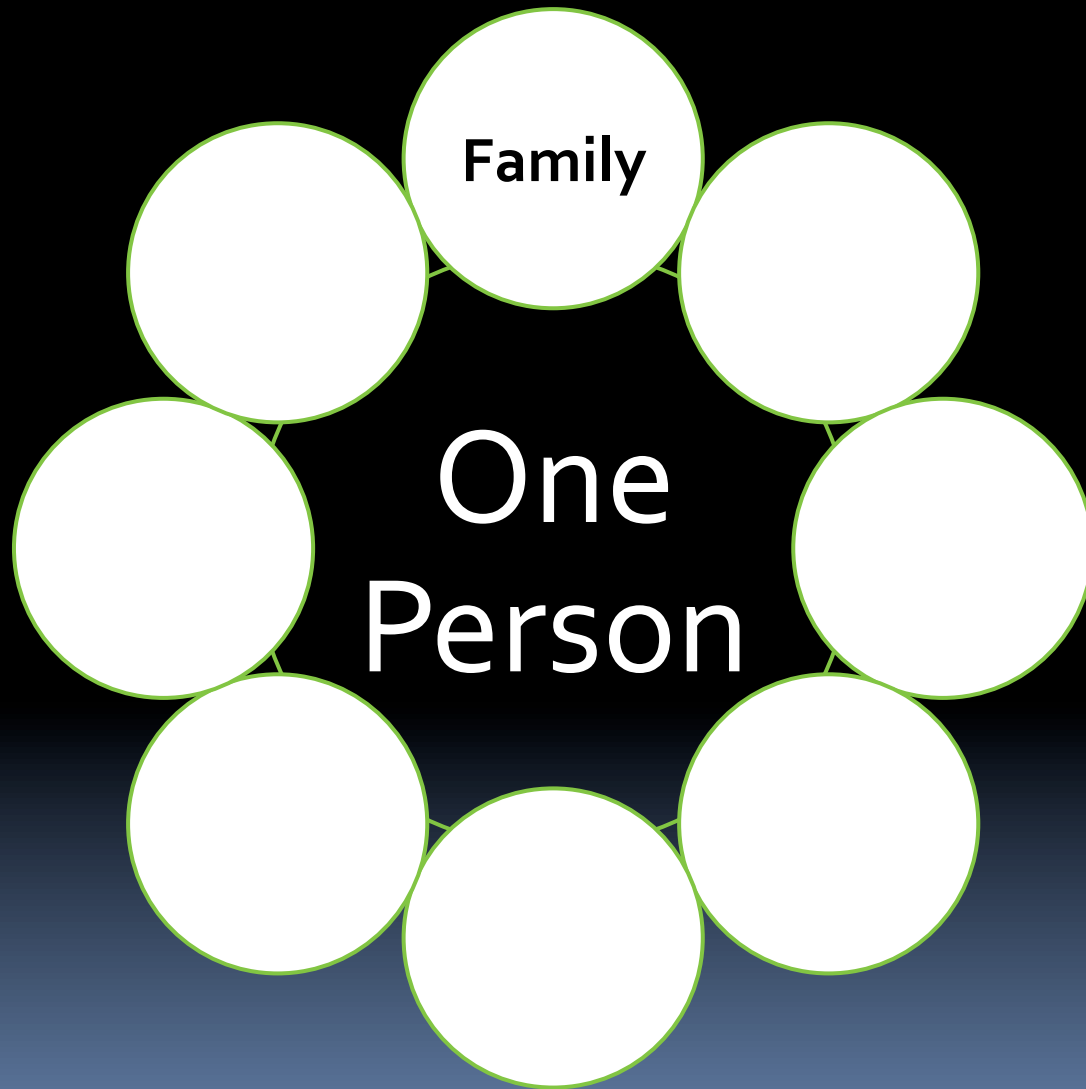
The gunman, identified by authorities as 24-year-old Mark Becker, is a former student who played football for Thomas.

.... ESPN.com news services

It all starts with just...



Family





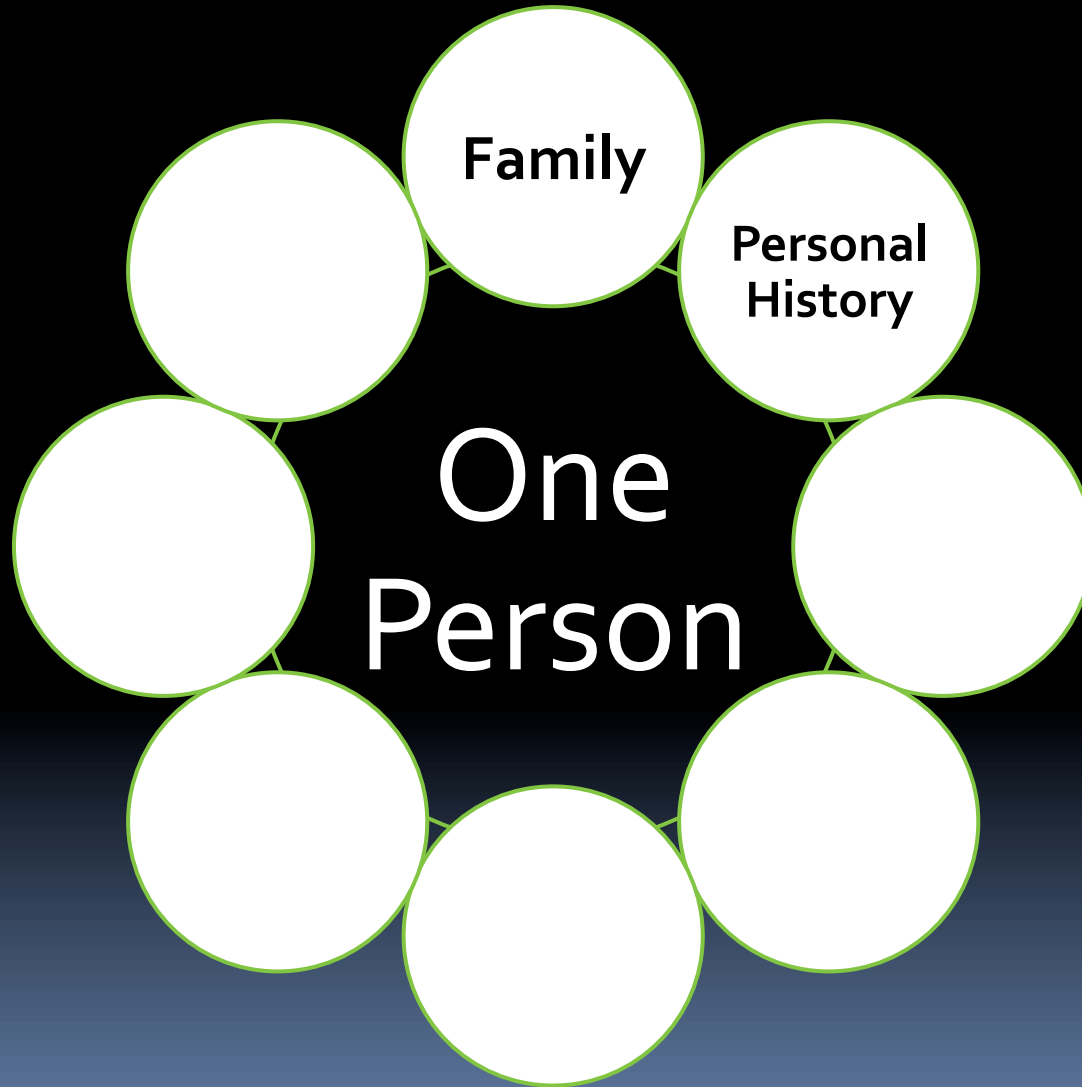
Brad, Jackie & Vela



Scott and
Nikki



Personal History



Mark

- Growing up & Grade School-active, outgoing, energetic



Mark

- Middle School – sports, student council, plays, music



Spiritual/Faith



Faith & Family

- Sunday School
- Youth Group
- Church Camp
- Adult Small Group
- Mission Trips



Social Network



High School

- Youth group
- Awanas at church
- Sports
- Worked

Grocery store

Baled hay

Detasseled corn

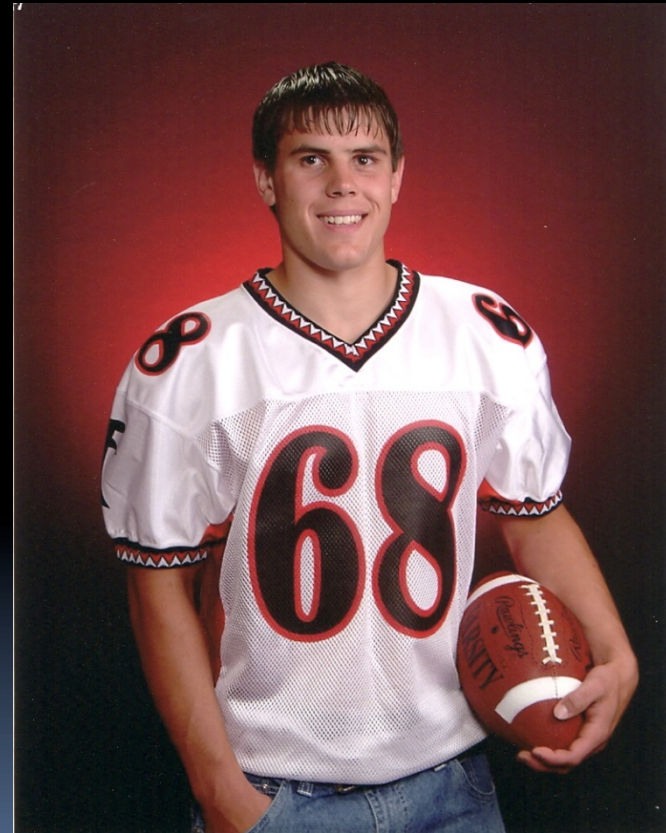
- Volunteered in community



16 years old



Senior Year



Education & Employment



August 2004 thru June 2008



Physical & Mental Health



- May 2008 – Tornado devastates Parkersburg



June 2008



Mark would say, "I'm okay, Mom, quit worrying about me. I can tell you are trying to get in my mind...but I'm okay."

July 2008





1st Psychotic Episode - Sept 2008



Local CPC/Service Providers



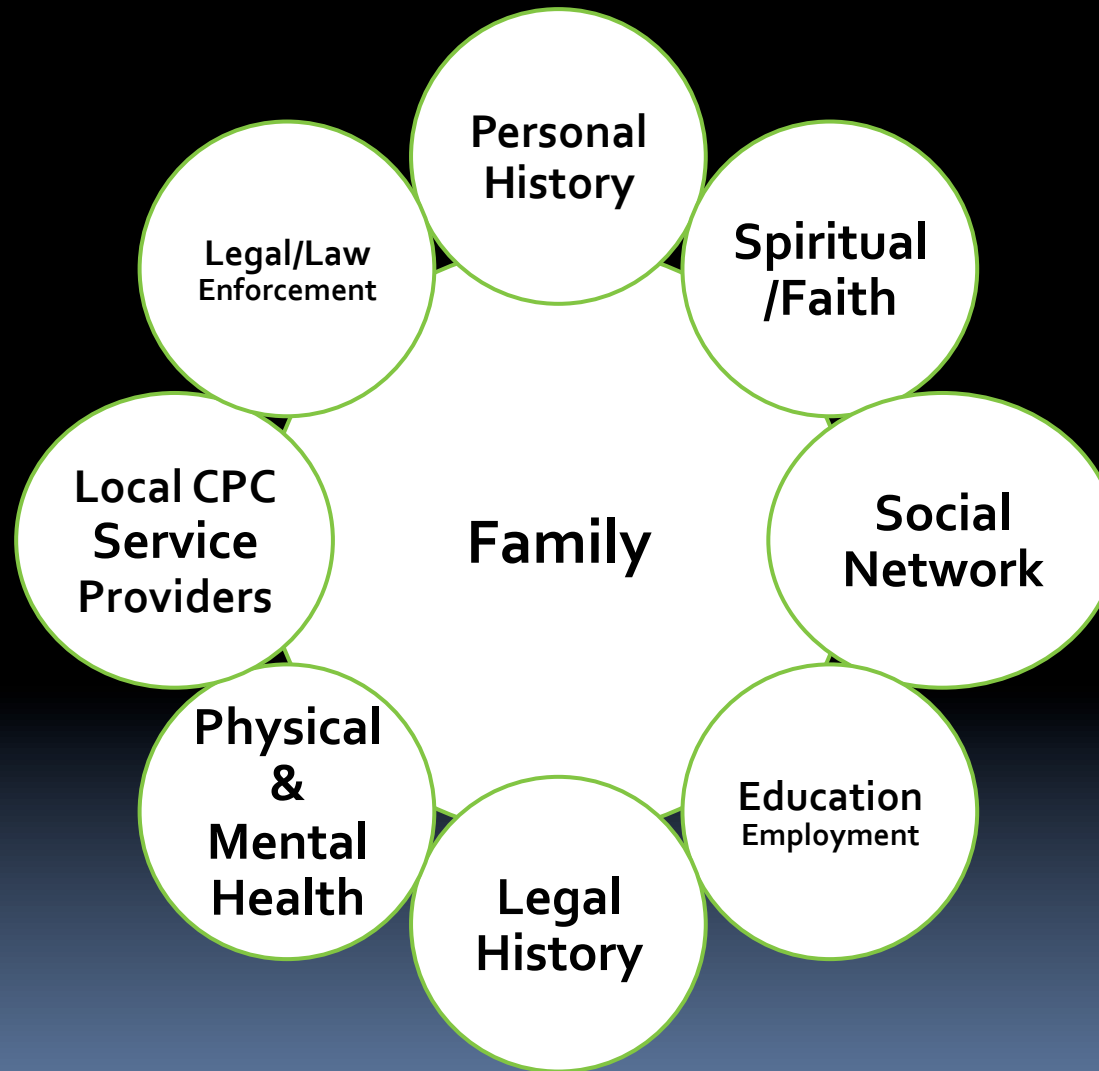
Sept 2008 to June 2009

- 8 severe psychotic episodes
- County Sheriff 4 times
- Hospital 4 times
- Agencies/counselors 15 times
- Mark – better off dead at least 3 times

Cautiously Hopeful...



Legal/Law Enforcement



Legal/Law Enforcement

02123 STN0129677	STATE OF IOWA vs BECKER, MARK D	3/5/2003	Traffic Violation-Turn Signal
02123 STP 763184	STATE OF IOWA vs BECKER, MARK D	10/11/2002	Traffic Violation-Speeding
02123 SMCRO06919	STATE OF IOWA VS MARK DARYL BECKER	6/16/2003	Possession of Drug Paraphernalia
010/1 STCF140289	ST vs BECKER, MARK DARYL	8/18/2003	Traffic Ticket
010/1CF SMCRI26124	CF VS MARK DARYL BECKER	9/3/2004	Minor in Possession of Alcohol
02091WASTW61/69/863	WAVERY vs BECKER, MARK DARYL	9/21/2009	Traffic Ticket Filing-lost license
02123 STN0129867	STATE vs BECKER, MARK D	12/23/2004	Traffic Ticket Filing
010/1 DWCR128/82	* ST VS MARK DARYL BECKER	3/10/2005	Criminal Complaint
010/1CF STCF150268	CEDAR FALLS vs BECKER, MARK DARYL	9/12/2005	Traffic Ticket Filing-Non Compliance
010/1 STS085717	ST VS BECKER, MARK DARYL	1/29/2007	Traffic Ticket Filing
010/1 SRCR158049	* ST VS MARK DARYL BECKER *009*	11/21/2008	Assault Causing Injury; 4 days served
010/1 SRCR158233	ST VS MARK DARYL BECKER*009*	1/12/2009	Criminal Mischief
010/1 SMCRI19007	ST VS MARK DARYL BECKER	1/20/2009	Poss Drug Paraphernalia
02123 STA0003237	STATE OF IOWA vs BECKER, MARK DARYL	3/3/2009	Traffic Ticket Filing

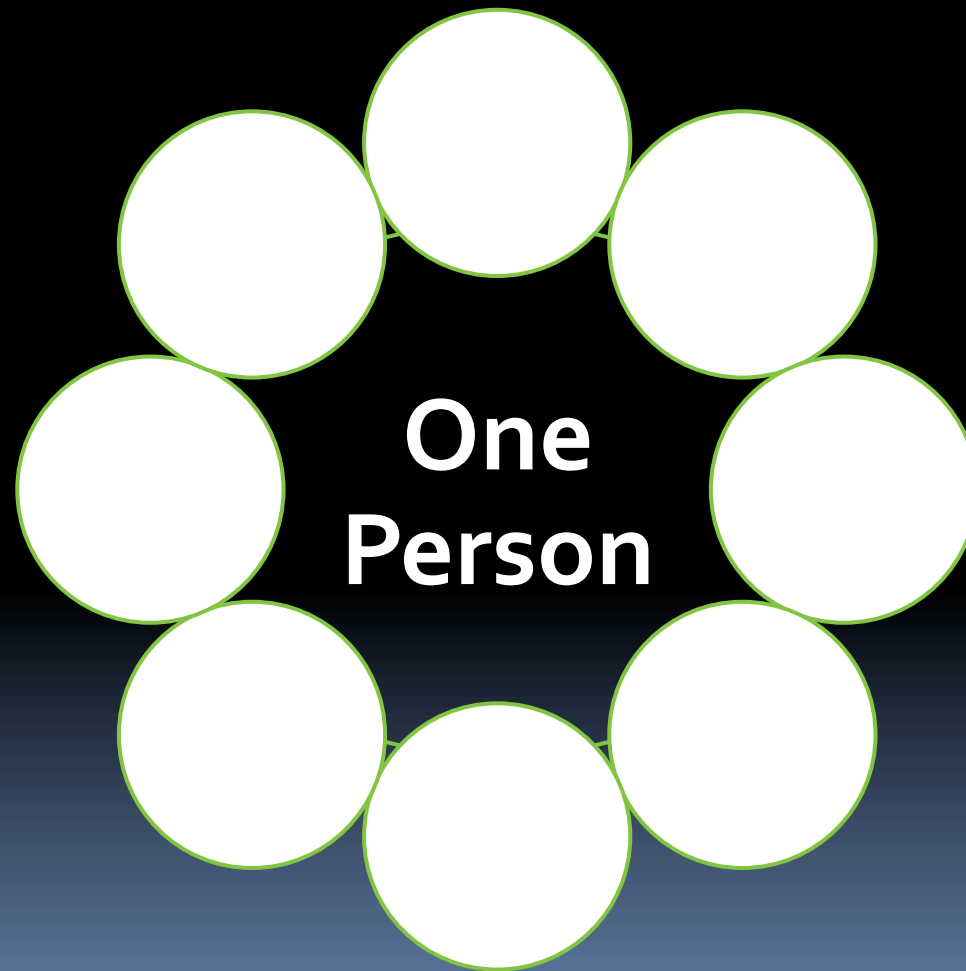
The Unraveling..



June 24th, 2009



So many parts, yet *ALL*
Alone...



Not just any person, this person is my son, *Mark Becker*

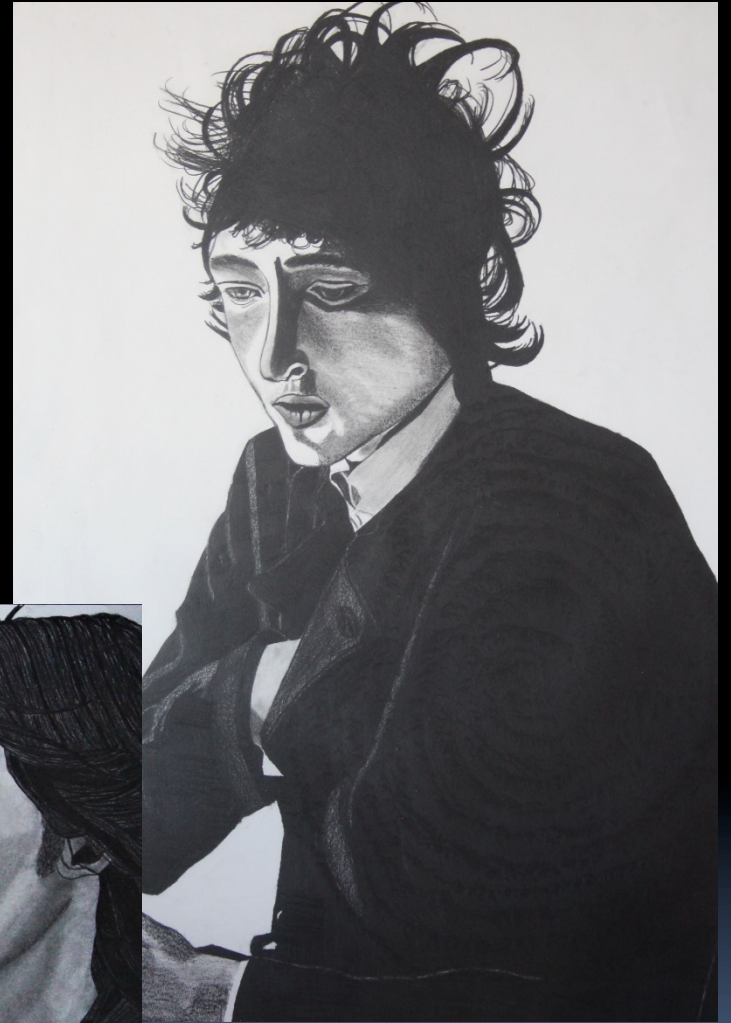


Where is Mark today?

- IDOC
- Receiving treatment for Paranoid Schizophrenia



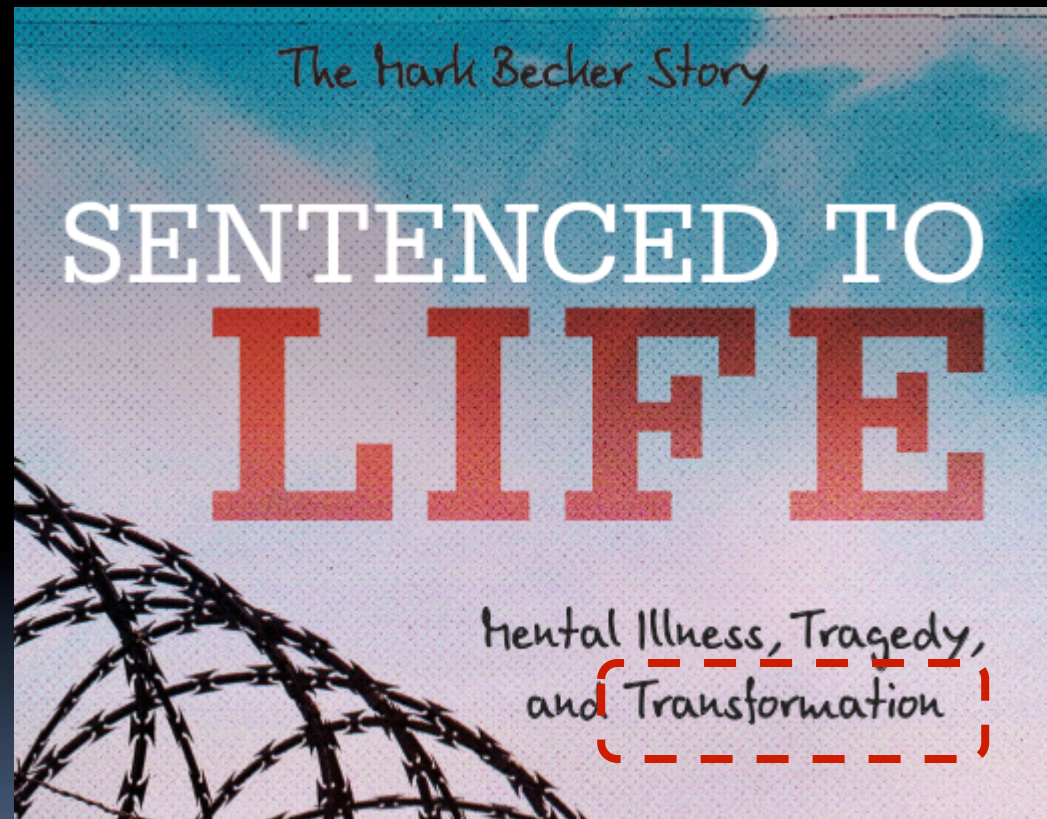
Art



Playing Guitar Reading



Transformation



Let's talk Mental Illness

- Mental illness does not discriminate
- Self-medication will not fix mental illness
- Mental illness is just an illness
- It's okay to talk about illness in the brain
- Let families know they can participate in their loved one's treatment plan?
- Listen, communicate, use your voice!

How can I make a difference?

How can YOU make a difference?



Training

- Mental Health First Aid Training
www.mentalhealthfirstaid.org
- Crisis Intervention Training (CIT)
www.citinternational.org
- Mental Health Court & Jail Diversion Program
www.ncsc.org
- NAMI.org

A note
from Mark...

*And look at us
now, nothing has
changed.*



Questions?

Helping Families in MH Crisis
Reform Act of 2016

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