Strengths Assessment

Consumer's Name

Debbie M.

Case Manager's Name
Nancy C.

Current Status: What's going on today? What's available now?	Individual's Desires, Aspirations:	Resources, Personal Social: What have I used in the past?				
what do I want:						
 41 yrs old; lives in 1-bedroom. Nicely decorated with paintings (flowers) she did. Debbie uses the bus—likes to cook, maintains apt. well. She likes how the apt. is close to the bus line and grocery store. 	want to stay out of the state hospital. want to have "some place to have a cat"	Has been hospitalized 2 times in past. Longest admission 6 months. Has lived in current apt. for 5 months. Previously lived with family. Lived friend in Dallas for 2 years.				
	Inciai/ Insurance	Used to corn "good manay" as				
Has ADC—Food Stamps. SSI (\$750.00 per month). Section 8 apartment. Medical card. Family helps out occasionally.	I want to increase my monthly income. I would consider applying for SSDI.	Used to earn "good money" as a waitress (see vocational).				
Voca	tional/Educational					
Not employed presently. Spends time painting at home, sells some paintings to people at church Has GED.	I would like to attend art classes. I want to be a "better parent."	Worked as a waitress for "a couple of years" before onset of illness. Did not like "having to put up with customers' complaints."				
	ocial Supports					
Friend Nancy is very important to her, but she hasn't seen her in 1 year. Family (parents, 2 older sisters) live nearby—they get together about 2x a month for dinner. She talks to her mother (Jane) on the phone 4-5 x a week.	I want to see Nancy I want to make more friends. I want my family to "understand" me and "believe" me.	Used to "have a lot" of friends. Used to enjoy dancing, and singing in church choir Her last case manager "really helped" and was very supportive. Used to go to church.				

He	alth			
Debbie is in good health—she takes Clozaril. She smokes cigarettes, says she has a beer "now and then." Some days feels "very anxious." No major medical concerns.	I want to cut down on my smoking. I want to exercise more. I want to stay well and out of the hospital.	Used to love to ride bikes. Used to play on girls' softball team. Used to meditate. Used to be a vegetarian.		
Leisure/Recre	ational Supports			
Debbie enjoys playing with the neighbor's cat. She has painting supplies but lately, but worries about running out. Reads romance novels.	I want to start singing again I want to have a few hours during the week when I can do the things I want to do.	See (health).		
Spirituality				
Attends First Christian church on a periodic basis with sister. Reads bible on occasion	I would like to go to church more. I would like to learn meditation techniques.	Attended Methodist church growing up. "Has been difficult to believe in God after all I have went through".		

What are my priorities?

- 1. "I want to make more friends"
- 3. "I want to have some fun."
- 2. "I want to stay out of the hospital"
- 4. "I want to sing more"

Consumer's Comments:		Case Manager's Comments:	
I'm glad I have a newho cares about me	_	Debbie is a wonderfa sense of humor— <u>an</u>	
Debbie M.	4/12/17	Nancy C.	4/12/17

Consumer's Signature	Date	Case Manager's Signature	Date	
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